



Vose Library
 Union, Maine
*advancing learning, inspiring curiosity,
 enriching lives, and promoting community*

Newsletter
 Fall
 2013

Spotlight on Healthy Eating

This fall we are excited to offer two programs on healthy eating and nutrition:
Sept 28, 3pm – Kids' Food For Life Cooking with Mimi McGee.
Nov 6, 7pm – Healthy Eating for the Holidays talk by Anne Parent.

Mimi McGee, an instructor from the Physicians Committee for Responsible Medicine's Food for Life program, is thrilled to bring nutrition information to kids of the Union community in a way that is fun, interactive, and tastes great. Children will have the opportunity to explore a wide variety of vegetables, fruits, grains and legumes that make their plate a powerful one. Enjoy a smoothie-making demonstration, try healthy, tasty snacks, and share your thoughts about food with friends. Suggested \$1 donation. Please RSVP if you can to give us a head count.



In November, Anne Parent, a dietician from Genesis Health Care, will give a talk for adults about healthy eating during the holiday season. Her talk will include tips on making healthy choices, recipes, and time for questions and answers.

Hope to see you there!



Henna and Bollywood Night

Thursday, October 17th at 7pm.

Come explore a taste of Hindi culture! We will have demonstrations of henna, the traditional art of body decoration with plant dye. Watch Bollywood movie clips and musical numbers with lively music and dancing. Try out some Hindi words and phrases. Have fun with paper dolls and learn about traditional dress in India and Pakistan. All ages welcome!



Transportation Museum Pass

We are happy to announce that we now lend a pass to the Owls Head Transportation Museum. The pass is a three-day loan, and will admit two adults. Kids under 18 are always free.

Get involved @ your library!

Check Your Junk Drawer: Seeking handy items!

For our patrons: calculators, reading glasses, a magnifying glass. Toolbox: hammer, multi screwdriver, long measuring tape, monofilament ...



TP Your Library!

Boost our paper goods supply



Your donation of (unopened!) toilet paper helps our supplies budget go further. Thank you!



Looking wa-a-y ahead--- to our 2014 Plant Sale!

Please check your gardens now for what you can put in the sale next June! If you can, take photos or mark plants so we can label with bloom color...

If you like to do your garden work in the fall, give us a call for help digging and dividing!

Call Elaine at 845-2209. Thanks!



Vose Library

392 Common Road
P.O. Box 550
Union Me 04862
207-785-4733
www.voselibrary.org
voselibrarian@voselibrary.org

Hours

Tuesday: 10 a.m. - 8 p.m.
Wednesday: 10 a.m. - 6 p.m.
Friday: 10 a.m. - 6 p.m.
Saturday: 9 a.m. - 12 noon.

Services

- Books for children and adults
- Audio books
- Videos and DVDs
- Download ebooks and audio
- High-speed wireless internet
- Interlibrary loans
- Photocopying
- Programs for all ages
- Reference

Vose Library Board of Trustees

Monthly board meetings at 7:00 p.m.
on the second Monday. Guests welcome.

President: Paul Gaudreau
Vice President: Howard Butler
Treasurer: Bruce Cobb
Secretary: Alison Metcalfe

Heather Bilodeau, Jan Cramer,
Joyce Grotton, Vicki Harriman,
Michael Johnson, Virginia Noble,
David Poulin

Staff

Director: Sue McClintock

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Financial information available
upon request.

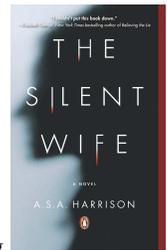
Reader Reports: Double Feature



My Beloved World - Sonia Sotomayor *The Silent Wife* - A. S. A. Harrison

I planned to review Sonia Sotomayor's autobiography. The trouble is that as soon as I finished it, I picked up *The Silent Wife*, and couldn't put it down: Two totally unrelated stories, both worth reviewing.

My Beloved World is a wonderfully intimate and readable true story of a little Puerto Rican kid growing



up in the Bronx with very few assets other than her own intelligence and perseverance. As a judge on the United States Supreme Court, she continues to rely on those same qualities. She reveals a lot of personal detail, but remains modest about her accomplishments, crediting her many mentors for her successes.

By page 2 of *The Silent Wife*, I learned that the not-so-silent-wife would murder her husband, so was no mystery. The remainder of the story was muddled by a quagmire of plausible but outrageous ruts and potholes. I was not surprised when the victim/husband found a much younger woman for himself. Nor was I surprised when she became pregnant. But how could he marry her? I was a little surprised when the first wife overdosed him with sleeping pills, since she's a practicing psychotherapist and should know better. She has a very passionate passive-aggressive personality and capable of commiserating with hubby's hangover while attempting to kill him. As the episodes became more chilling I began to feel a little sympathy for the husband as his new young bride tries to whip him into shape, but most of all I found myself desperately hoping that the silent wife would get away with murder.

No, there is absolutely no connection between the two women in these books, except that I read them consecutively and recommend them both.

New on the Shelves at Vose Library

We take suggestions! Look for these titles and many more when you visit.

Adult Fiction

The Golem and the Jinni - Wecker
The Other Typist - Rindell
The Art Forger - Shapiro
Massacre Pond - Doiron
The Lexicon - Barry
The Best of Connie Willis - Willis
The Solitude of Prime Numbers -
Paolo Giordano

Adult Nonfiction

The No-Cry Sleep Solution - Pantley
Cooked - Michael Pollan
Defiant Brides - Rubin
Lincoln's Melancholy - Shenk
The Spoken Word Revolution - Eleveld
Fighting For Common Ground -
Olympia Snowe

Juvenile Fiction

Gregor the Overlander - Collins
Fenway Fever - Ritter
Seriously, Norman! - Raschka
Summer of the Gypsy Moths - Penny
Lions of Little Rock - Levine

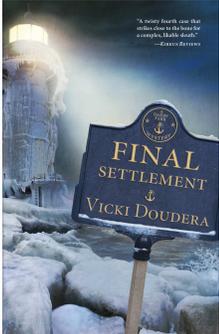
Juvenile Nonfiction

Technology - Gifford
Night Sky - Sparrow
Visual encyclopedia of Dinosaurs
Celebrate! Stories of the Jewish
Holidays - Berger

Young Adult

Girl Unmoored - Hummer
The Teen's Guide to World Domination
- Josh Shipp

Soup and Suspense Author Visit: Vicki Doudera Thursday, October 3rd at 7pm



Join us for our popular Soup and Suspense mystery author program!

Local author Vicki Doudera will read from and talk about her newest book, *Final Settlement*, the latest in the Darby Farr real estate mystery series, and answer questions from the audience.

Real estate agent Darby Farr returns to her Maine hometown for her friend's wedding, but is soon investigating the suspicious death of the police

chief's assistant and the suspect list keeps getting longer.

Copies of *Final Settlement* will be available at the event for sale and autographing.

Sample delicious soups made by our dedicated volunteers. \$5 suggested donation includes a Vose Library mug to hold your soup and to take home at the end of the night.



Author Vicki Doudera

Mr. Andrew Teaches Kids to be Bully Busters

The start of a new school year brings with it new challenges for kids to face. Mr. Andrew of Midcoast Marital Arts will teach this workshop designed to equip kids for a wide variety of situations. Kids gain confidence when they know they have choices and alternatives to handle difficulties they may encounter. Mr. Andrew believes in teaching kids to be peacemakers, to stay calm, and to help others in trouble.

This workshop will cover common situations and some solutions: avoiding common playground altercations, handling name calling and teasing, pro-

tecting personal "space" and possessions, assessing appropriate defense, verbal skills to back off a bully, and physical escapes from grabs or pushes.

Kids should dress in comfortable clothes similar to what they would wear at school (for authenticity). Bring a water bottle if you have one. Space in the workshop is limited to 15 kids, to ensure individual attention and the best class experience. Please sign up early at the library, so that we have an idea of attendance. We will have a second session of the workshop on the same day if the response is big enough.

How Are Books Chosen & What Would You Like to See in the Library?

What to keep and what to discard, what to buy and what to let go...these are questions that every library faces. Space and budgets are finite, no matter how big or small they may be. The goal is an evolving collection that serves its readers.

I choose to buy books that I think our community will want to read, books that will fill a need or spark an interest. I try to choose those that are well-written, no matter what their topic, and that received good reviews from the press and other readers. I try for a broad range of fiction, to appeal to many different readers, while at the same time choosing books that I hope will appeal to more than one person. I tend to wait a little while on best sellers, since a copy is inevitably donated the week after I buy one at full price. Our limited collection budget and finite shelf space deserve to be spent carefully, with an eye to long-term value. Donations in good condition add to the diversity of the collection.

When a book wears out, I use those criteria to decide if we need to buy a replacement, or make room for something else. In nonfiction I try to keep a diversity of topics covered at least a little, and keep the information up to date. For fiction, I look to see if books have been borrowed in the past five years, though we always keep some that weren't.

+ Did you know? Many minor classics which are worn or do not check out often enough to justify the shelf space are available to borrow on our Kindle. This also means most works prior to 1923, and not just the classics!

+ We can borrow most titles from other Maine libraries for free. Just ask!

What do you want to read? I have an idea what many of our regular visitors like, but if I don't get to talk to you, I am in the dark. What would you like to see more of? More science fiction? Westerns? More foreign languages? Technology? Come visit sometime and let me know. Or send us an email or Facebook message. Help us build a great collection that can truly serve the needs of our community!

Thank you!



Your librarian
Sue McClintock

Vose Library
P.O. Box 550
Union, ME 04862

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*We now have
kids' magazines!
Check 'em out!*

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Vose Library Events Calendar, Fall 2013

- September 21, 1:30pm** – Bully Busters with Mr. Andrew of Midcoast Martial Arts.
September 24, 7pm – Mosquito-Borne Diseases: A talk by Dr. Sears, Medical Director for the Maine CDC.
September 26, 7pm – Open Mic: Spoken Word Share stories, speeches, poems—originals and old favorites.
Sept 28, 3pm – Kids' Food For Life Cooking with Mimi McGee of Physicians Committee for Responsible Medicine.
October 3, 7pm – Soup and Suspense: Vicki Doudera: Author visit and yummy soup. \$5 suggested donation.
October 17, 7pm – Henna and Bollywood Night: Henna demonstrations, Bollywood musical numbers, and Hindi culture.
Oct 25, 10:15am – Halloween Storytime story and activity.
Nov 6, 7pm – Healthy Eating for the Holidays talk by Anne Parent, dietician from Genesis Health Care.
Nov 14, 7pm – Author Visit: Katherine Silva will read from, sign, and talk about her latest novel, *Night Time, Dotted Line*.
Nov 22, 10:15am – Thanksgiving Storytime: story and activity.
November 29 – **Closed for the Thanksgiving holiday.**
December 7, 10am – Holiday Craft Making: kids of all ages can make a variety of craft projects, gifts, and decorations.
December 13, 10:15am – Christmas Storytime: story and activity.
December 24 and 25 – **Closed Christmas Eve and Christmas Day.**
December 31 – **Closing early for the New Year's Eve holiday: open 10am-12 noon.**
January 1 – **Closed New Year's Day holiday.**

Watch for updates online at voselibrary.org/events